

## **Chaplain Go Bag Recommendations**

The premise is to have everything you might need. Being prepared to be stuck somewhere/anywhere for an extended time in whatever climate or condition. You may NEVER use some of this stuff - - but - - - you always want to have everything needed.

You will also want to personalize this for your needs. Add medications or special tools that are necessary for you.

If you keep all this stuff in the same place and with the same consistency you will be ready to leave within 30 second. You don't want to be looking for anything at the last minute.

## On your person:

Uniform (Shirt, Pants, Socks, Shoes) Radio earpiece
All clean and ready to go. Vehicle keys

Body armor Flashlight (Large/Small)

Department ID Latex gloves

Radio holster Narcan – if provided by the department

## In your go bag for ride alongs:

General first aid:

Tourniquet – know how to use it

Combat Gauze / Quick clot Gauze

Chest Seal

Sharpie marker

Traffic vest

Multitool

Note pad

Trauma Shears

Pens

Emergency Blanket Business cards

Bandages Vapo rub - To mask bad smells

Tums / Pepto-bismol Sun screen
Antibiotic Ointment Bug repellent

Disinfectant wipes Money (\$20 dollar bill)

Hand sanitizer Water / Snacks (power bar or three)

Fingernail Clippers / nail file / tweezers Gum - Candy Medical Tape Chapstick

Tylenol / Advil Tissues (small pack)

Other personal medication Phone backup battery charger

## In your go bag for your vehicle:

Warm hat / Baseball hat Small rain jackets that folds up

Warm gloves / Lightweight gloves Extra Latex Gloves

Extra jacket (Outer shell of your agency)

Make sure your bag is the right size. Where will your bag be kept in the Patrol Car? At your feet? In the trunk? Remember you cannot take any space away from your Officer.